Catwalk to Fame!

Who taught Priyanka Chopra and Kangana Ranaut to walk the ramp in the movie, Fashion?
Read on to find out more.

“I have got to learn a lot by trial & error and I love giving it back”

Please make the interview interesting!” said the hot and sexy Achala Sachdev, (model, choreographer and actor) at the first go when the interview started, which predominantly said she is very straight forward. She has tried her hands at many professions and is happy to do everything that she ever wanted to do in her life. Her career flight took off as a journey which is as follows:

Model coordinator - Model - Airhostess - Super Model - Ramp Choreographer - and now landed into Acting.

The Bolly-Beauty started her journey as a model co-ordinator with Mudra communications. But then somehow bumped into modelling, but the fact is that she always wanted to become an Air hostess. Therefore, following her heart was more important. So, she immediately shifted to flying and landed to Miami for her first flight as an air hostess. After flying for about a year she realised that modelling is what she wants to do. That made her shift to modelling and she won the Navy Queen contest.

“I have always loved and enjoyed the attention that I got as a DIVA and still get, Arre bhai uss ke liye toh aaye hai, (I have come for that only)” said Achala directly from her heart with a laughter, while talking about her career as a model. She ruled the ramp for a decade and became a super model, but her golden period was from 1992-1999. She has a long list of memorable moments on the ramp. “Rohit Bahl, Tarun Tahiliani and many other well-known designers, we all grew-up together in the industry, where the opening show of Rohit Bahl was the most memorable” added the Super model.

Love for dance provoked her to move towards choreography. In 1999 she left modelling at the peak and started to choreograph runway shows and training new models to groom. Her experience on the ramp helped her to a great extent to follow her dream. “I have got to learn a lot by trail & error and I love giving it back” explained Achala teacher as she trains new models for walking on the ramp. Nearly with a decade of experience as a ramp choreographer, she is a true teacher. This was evident when the show Pep Scooty Teen Diva was telecasted on MTV where she was the mentor for young girls.

She has also choreographed the climax sequence as a ramp show in the film Honey hai toh maney hai, where she had to train non-models as well. Discussing about her upcoming project “Fashion” a Madhur Bhandarkar film, starring Priyanka Chopra and Kangana Ranaut, she is playing a ramp choreographer, which is actually her real life character. Talking about her style statement, it keeps changing with the fashion. She believes it should suit the occasion. Once in a while she wears crazy funky clothes as per her mood.

When asked about her favourite colour, “Many- it is always good to have multiple choices” was the answer and she laughed and laughed aloud.

Achala likes to read non fiction books and meditates for peace of mind. Being spiritual is a part of her life. She follows her guru Paramhans Yoganand and also believes that meditation provides food for her soul. Peeking into her personal life she prefers to choose a man who is straight forward, doesn’t beat around the bush, sensible and who believes in spirituality.

One piece of advice she gives for all the aspiring models that besides the vital statistics, modelling is not just beauty with brains but brains with beauty. She not only emphasises on reading books and general knowledge but also claims that the most important thing is communication skill.

“If you feel hungry then you eat the same way if you want to stay fit then work out with a proper diet. There is no structured diet for anybody as every body is different. I like sweets, I eat it. You can eat what ever you want but in moderation. That’s the mantra.”

Achala to Fame!

“Always follow your heart” said Achala with an ending note. One thing is for sure that trying different things in life will always help a person to grow and learn everyday. So, all you aspiring models only good statistic won’t do, to make you walk the ramp. Educate yourself!!!

DHARA SALLA
dhara.salla@gmail.com

FITNESS MANTRA

“If you feel hungry then you eat the same way if you want to stay fit then work out with a proper diet. There is no structured diet for anybody as every body is different. I like sweets, I eat it. You can eat what ever you want but in moderation. That’s the mantra.”

“Always follow your heart” said Achala with an ending note. One thing is for sure that trying different things in life will always help a person to grow and learn everyday. So, all you aspiring models only good statistic won’t do, to make you walk the ramp. Educate yourself!!!

DHARA SALLA
dhara.salla@gmail.com

FITNESS MANTRA

“If you feel hungry then you eat the same way if you want to stay fit then work out with a proper diet. There is no structured diet for anybody as every body is different. I like sweets, I eat it. You can eat what ever you want but in moderation. That’s the mantra.”

“Always follow your heart” said Achala with an ending note. One thing is for sure that trying different things in life will always help a person to grow and learn everyday. So, all you aspiring models only good statistic won’t do, to make you walk the ramp. Educate yourself!!!

DHARA SALLA
dhara.salla@gmail.com

FITNESS MANTRA

“If you feel hungry then you eat the same way if you want to stay fit then work out with a proper diet. There is no structured diet for anybody as every body is different. I like sweets, I eat it. You can eat what ever you want but in moderation. That’s the mantra.”

“Always follow your heart” said Achala with an ending note. One thing is for sure that trying different things in life will always help a person to grow and learn everyday. So, all you aspiring models only good statistic won’t do, to make you walk the ramp. Educate yourself!!!

DHARA SALLA
dhara.salla@gmail.com

FITNESS MANTRA

“If you feel hungry then you eat the same way if you want to stay fit then work out with a proper diet. There is no structured diet for anybody as every body is different. I like sweets, I eat it. You can eat what ever you want but in moderation. That’s the mantra.”

“Always follow your heart” said Achala with an ending note. One thing is for sure that trying different things in life will always help a person to grow and learn everyday. So, all you aspiring models only good statistic won’t do, to make you walk the ramp. Educate yourself!!!

DHARA SALLA
dhara.salla@gmail.com